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Intuition is covered within Chapter 4, Fundamental skills of coaching, where Julie Starr describes it as 'an ability we all have, and one we can develop into a skill. For a coach, it becomes something they rely upon, to help shape and guide a coaching conversation.' ...

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Where Julie Starr's The Coaching Manual (TCM) differs from many similar guides, including the very good Coaching Skills by Jenny Rogers, is in its relentless practicality. It really feels like a manual - a much needed practical handbook for coaches and the best on the market.

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## **JULIE STARR - Starr Coaching**

The Coaching Manual is a resource built for soccer coaches who want to improve their understanding of coaching, find real practical sessions which they can use and

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